

THE DUCANE VEGETARIAN MENU

ALL OUR SOUPS ARE VEGETABLE BASED AND CONTAIN NO MEAT PRODUCTS OR STOCKS. VV
£4.50

ALL DISHES MARKED WITH A (V) ARE SUITABLE FOR VEGETARIANS.

ASPARAGUS AND BABY VEGETABLE SALAD, LEMON AIOLI AND CRISPY SWEET POTATO
£4.50

A TOSSED SALAD OF CRUMBLLED BLUE CHEESE, BABY LEAVES, CROUTONS AND HERB DRESSING.
£5.50/£10.00 (AS A MAIN) V

SUNDRIED TOMATO AND ROAST VEGETABLE CROSTINI WITH ONION RELISH AND TOSSED SALAD.
£5.50/£10.50 (AS A MAIN) V

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CREAMY HERB RISOTTO WITH SEASONAL LOCAL VEGETABLES AND MUSHROOMS. V
£12.50

STIR FRY OF VEGETABLES WITH NOODLES, ORIENTAL SESAME DRESSING, PICKLED GINGER AND WASABI. VV
£12.50

WILD MUSHROOM FRICASSEE WITH ASPARAGUS AND SPINACH DREDGED WITH PARMESAN CHEESE AND SERVED WITH A LITTLE SIDE SALAD. V
£12.50

FRITTATA OF SUNNYMEADE EGGS WITH ROASTED VEGETABLES, TENDER SHOOTS SALAD AND BALSAMIC SYRUP. V
£12.50

LINGUINE WITH ROASTED GARLIC, SPINACH AND LOCAL VEGETABLES, FRESH BASIL VV
£12.50

POTATO AND SHALLOT PANCAKE, ROASTED VEGETABLES, SWEET CHILLI DRIZZLE.
£12.50

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Our vegetarian menu uses the freshest of locally sourced vegetables and salads, dishes are cooked to order. In the unlikely event that you cannot find anything suitable on our menus please ask your server for additional choices or tell us what you fancy and we can try to rustle it up. A 10% service charge is applied to all tables of ten or more. Gratuities are left to your discretion. All our dishes may contain traces of nuts please advise us of any allergies or intolerances. We purchase all our ingredients daily please be understanding if certain items are unavailable. The Ducane reserves the right to change menus at any time during busy periods there may be a 30 minute wait, if you are in a rush we will endeavour to serve you as quickly as we can. Well behaved children welcome half priced and half sized portions from all our menus are available for our younger diners and we have an additional children's menu, please ask your server. **The Ducane is proud to be announced as one of the finalists in the Essex Food and Drink Awards 2010 in the category of Best Newcomer 2010 Chef of the year, 2010 chef of the future finalists, we would like to thank all of our customers for their votes which are greatly appreciated.**